



Certification

To become certified in the Biodynamic Fascial Integration approach, the applicant must meet the following requirements. *All requirements are subject to change* and will be available on the Bodhi Tree Teaching Centre website. The following is a step-by-step guide to outline each requirement criteria and their corresponding evaluation competencies.

Step 1. Attendance.

Attendance, full participation, and completion of each course/module within the 9-course series. If you attended your courses with only Natale Rao RMT, you will be responsible for providing course certificates to verify your participation in all courses.

Criteria-Evaluation: Proof of attendance via individual course certificates or final completion certificate is required. If the therapist is unable to do so for any reason, reasonable determining methods will be considered.

Step 2. Apply to Submit.

Once the student has completed the series, submit your documentation along with your stated intention to complete the certification process. A review of the certification criteria will be provided at this time with any additional information needed to be successful.

Criteria-Evaluation: A letter of intention along with a copy of your BFI Series completion certificate to be sent by email to info@bodhitreeteaching.ca.

Step 3. Articulation.

Ability to verbally articulate the principles of treatment and the BFI Approach during the progression of the series as well as in the final interview process.

Criteria-Evaluation: Examples of principles might include but are not limited to the following:

- use of slackening tissues to gain access to deeper structure.
 - spacing/frequency of treatments to not “over-treat” the patient.
 - one should always support the primary structures involved by treating tissues in relationship to said structure whether nearby or at a distance.
 - Direct treatment vs. Indirect treatment
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Step 4. Documentation.

Documentation of treatments for **3** patients that must include:

- Assessment (initial and ongoing)
- Description of treatment provided for FIVE sessions each.
- Summary description of patient response to each treatment.
- Summary of how you felt your overall treatment approach was beneficial to the patient.
- A thorough description of what you learned through treating each patient.

Criteria-Evaluation: Documentation should be typeset to include:

- Clear description of assessment findings – visual, manual, orthopaedic.
- Clear narrative of the manual therapies applied and display a good understanding of anatomical relationships.
- Evidence of critical thinking and clinical reasoning

Step 5. Research.

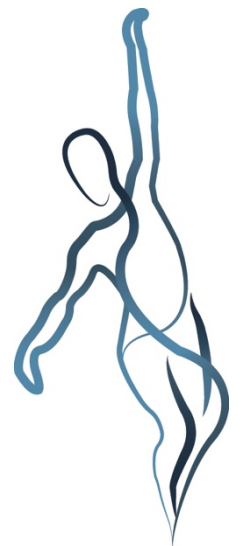
Reference a minimum of two research articles or studies in at least two of the following categories at a minimum level 3 evidence hierarchy (see chart below): Craniosacral Therapies, Visceral Manipulation, Fascial Manipulation, Pain Science.

Criteria-Evaluation:

- State with each how you feel each research paper, article or study supports the BFI approach/manual therapies or how this research might be interpreted as such.
- Demonstrate clear reasoning as to “why” the study or research article is relevant to BFI.
- Demonstrate evidence of critical thinking for each article or study chosen.

Levels of Evidence: Ackley et al (2008)

Level of Evidence	Description
Level I	Evidence from a systematic review or meta-analysis of all relevant RCTs (randomized controlled trial) or evidence-based clinical practice guidelines based on systematic reviews of RCTs or three or more RCTs of good quality that have similar results.
Level II	Evidence obtained from at least one well-designed RCT (e.g. large multi-site RCT).
Level III	Evidence obtained from well-designed controlled trials without randomization (i.e. quasi-experimental).
Level IV	Evidence from well-designed case-control or cohort studies.
Level V	Evidence from systematic reviews of descriptive and qualitative studies (meta-synthesis).
Level VI	Evidence from a single descriptive or qualitative study.
Level VII	Evidence from the opinion of authorities and/or reports of expert committees.



Important Information for the Applicant.

- This Certification process is for those that have participated in the BFI Series. Once you have met all criteria & met each Evaluation Standard through Bodhi Tree Teaching Centre, you will be awarded the title of "**Certified Biodynamic Fascial Integration Therapist**", or "**Certified BFI Therapist**".
- This title in no way changes your scope of practice as designated by your licensing college but will create a recognition publicly of your studies and accomplishment.
- Certification can and will only be provided through Bodhi Tree Teaching Centre, its Program Director, Heather Gittens RMT or any other lead instructor given this authorization.
- Once completed, please contact info@bodhitreeteaching.ca to submit your completion certificate and your intention of becoming certified. A check list of document requirements will be provided & any other necessary information communicated at that time. A fee of \$225 + GST will be required with your final submission of documentation & to arrange your final interview.
- All further details about usage of this certification title for print or digital usage will be provided upon successful completion.

